What are you Doing?

As I live and interact with other humans on this planet in my waking state, I find that people operate in their waking state predominantly in one of two modes. Since I find no references to these two modes in my readings or discussions with others, I feel compelled to name them and explain them frequently to those I would hold converse with. Thus, as a young child, I named them "Doing Mode" and "Observation Mode". Here is the difference.

Most people in their waking state operate in DM. It is the state in which the mind is actively thinking or processing information to accomplish the task at hand or to come. It is an output mode and to function in the immediate moment and accomplish anything, it is the necessary mode to be in. Western mankind spends over 99.9% of all his waking time in Doing Mode, even when there is no immediate need to do or output in the moment.

True Observation Mode, however, is the exact opposite of DM. Observation Mode takes in raw information of life, without processing, making sense of, or filing away that input information, while the inflow occurs. Instead of you thinking, processing, or doing outwardly, you are receiving or taking in only, absorbing so to speak, the emotions and flow dynamics of others and life itself. After allowing 100% input of said life information, one can switch to doing mode and process/store the massive input it has just received, as best it can. When actively outputting or doing, one can not buck that outflow to allow reverse stream reception just like when one is receiving, you can not properly output. They are opposite directions and utilizations of life force and can only be done one direction fully at a time.

Most people lose their ability to slip in to full observation mode during their waking hours by the time they turn 4. The formation of an ego and the desire of that ego to operate, interact, and achieve with others makes true OM happen less and less frequently until eventually, every waking moment is spent outputting in Doing Mode. Many children slip in and out of OM for years for brief periods, young toddlers and babies are almost always in OM, and individuals which have their egos cracked or damaged often revert to an OM default state until their ego is repaired or a new one built. Unfortunately, without the ability to switch immediately over to a DM state to process all that life flow input, they aren't aware or can't properly utilize the benefits of the information they just received.

The advantage of DM is that it allows you to interact with others and achieve goals and needs in your daily life. The negative is that it blocks or flows against input and the taking in of Spirit/Essence (S/E) information in those DM moments. Since most people spend almost all their waking time thinking and doing, they are often missing out on taking in the beauty and wonder that is life itself as well as then flipping in to DM and doing the things that life wants done for you and others, as they are happening. By losing the ability to slip from full DM mode to full OM mode, people either lose or barely "hear" what spirit/essence wants them to then do in the following moments that make up their life.

Worse yet, only in full OM can a soul take in the energy of external S/E force then quickly switch to DM to output that S/E energy to help in creating according to the blue print of the universe, healing others or even directly manipulating Matter/Energy and Space/Time itself according to the ultimate blueprint of life itself utilizing just the power of S/E to do so. Many living mostly in DM even lose their ability to perceive S/E in themselves or others, let alone learn and utilize the incredible power that S/E bequeaths us, since one must take it in externally in OM, then switch to DM to process, understand, and store the information or direct back outwardly the benefits and power of S/E itself. It is no surprise that atheists, skeptics, and empirical

scientists, all relying one their ability to perceive externally only in doing mode, and not even knowing how to flip polarity into receiving mode, can't perceive S/E from others, in themselves, or in the universe.

Every so often, I experience adults extremely briefly slipping in to OM during the day, often when they are out in nature and have a stretch of time in which they have nothing they have to do. It is brief and not full OM, but it usually has a profound affect on them and they briefly gain some of the awe of their childhood and experience the beauty and majesty of life itself. It is wonderful when I perceive others in OM, even briefly and not controlled or deliberate. It is something all humans should strive to gain back and learn to switch backward and forward from DM to OM at will.

In summary, let me state the DM is not a bad thing. It is vital and necessary to achieve and do anything in our physical universe. For those who have not lost the ability to flip in to OM to receive, and conversely the ability to then switch in to DM mode to process and utilize what was taken in to achieve and manifest actions in the physical universe is vitally necessary, they are missing out on the full possible potential of life itself.

For any spiritual or religious teachers to be able to help others achieve reconnection, develop spiritual abilities to heal others or manipulate M/E or S/E manifestly creating according to the blue print of life and the Prime Originator, one must have or develop full OM ability and the ability to switch from OM to DM quickly and at will. There are exercises one can do, and vicariously experiencing OM through another in that mode then emulating the experience, can enable people to switch out of DM and become adept at experiencing OM.

How can one experience or receive the true beauty of the entire creation and S/E itself in DM only? How can one take all that S/E

energy in, then turn around and direct it outwardly or externally if they can't switch from OM to DM mode as necessary? If you seek to understand and make sense of S/E and ultimately use it to help others and the creation, learn to experience and control OM first. Exercise your ability to receive then output, and your ability to take in will get larger and larger. Likewise, you will learn to "see", "hear", and "experience" the force of S/E that prophets, mystics, and spiritualist are talking about and trying to explain to you in DM.

When someone capable of full OM tries to communicate the concepts and perceptions learned from OM (via DM talking) to a person who only knows and listens in DM mode, it is like two outputs smashing together or two streams of water flowing against each other. It is damn near impossible to enable another to truly perceive or experience when both are in DM mode. For those of you that really care to perceive, understand, and utilize the power and majesty of S/E for the betterment of mankind and life itself, learn OM. The perception of S/E must be experienced in OM (input mode) then understood, stored, and utilized while in DM (output). This Op Ed written for those that wish to experience, understand and ultimately manifest S/E. Pax Wobiscum.

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